



# Community support if you are affected by Dementia

## 65s and over in Sheffield

For 65s and over with Dementia,  
and their family members,  
supporters and unpaid carers



What  
you  
might  
want

- Dementia information from trained workers
- Ongoing social connection
- Support from others in a similar situation

For 65s and over  
with Dementia



- A dementia-friendly place to regularly spend the whole day
- Interesting and tailored activities to suit you
- A break for your carer

For family members,  
supporters and  
unpaid carers



- Carer information
- Peer support
- Listening ear

Tips and  
training to care  
for a family  
member with  
dementia

Who to  
contact

**Dementia Advice Sheffield**  
(0114) 250 2875  
<https://www.ageuk.org.uk/sheffield/our-services/das-dementia-advice-sheffield2/>

You'll be connected  
to your local...

**People Keeping Well dementia  
community support organisation**  
[www.sheffielddirectory.org.uk/dementia](http://www.sheffielddirectory.org.uk/dementia)

Do you require help with care or  
support? (Eg daily tasks, eating  
meals, managing toileting needs).

No

Yes

**Age UK  
Sheffield**  
(0114)  
250 2850



**Social Worker  
or Council  
First Contact**  
(0114)  
273 4908



**Sheffield  
Carers Centre**  
  
0114 272 8362  
[www.sheffieldcarers.org.uk](http://www.sheffieldcarers.org.uk)



**Sheffield  
Alzheimer's  
Society**

0114 276 8414  
[www.sheffielddirectory.org.uk/adults/healthy-living/advice-pages/dementia-support-in-sheffield/support-for-family-and-carers-of-people-with-dementia/](http://www.sheffielddirectory.org.uk/adults/healthy-living/advice-pages/dementia-support-in-sheffield/support-for-family-and-carers-of-people-with-dementia/)

Support  
you will  
receive

- 6-monthly check-in call to see how you are
- Dementia information from a trained worker
- Invitations to Memory Cafes, dementia-friendly groups (eg music, exercise, craft, gardening, culturally-specific) and Dementia Carer groups

**Dementia  
Wellbeing  
Centres**



**Dementia Day  
Activities**



- Carer advice line
- Carer Assessment
- Carer Card
- Newsletter
- Planning for emergencies



**Sheffield  
Dementia  
Carers  
Training  
Service**  
(6 workshops)