



# Community support if you are affected by Dementia

## 65s and over in Sheffield

**What you might want**

**Who to contact**

**Support you will receive**

**For 65s and over with dementia, and their carers**

- Ongoing social connection and dementia-friendly activities
- Support from others in a similar situation
- Dementia information from trained workers in your local area

[Dementia Advice Sheffield \(DAS\)](#) (0114) 250 2875  
**Dementia Advice Sheffield**  
 or search on [Sheffield Directory Dementia page](#)

You'll be connected to your local

People Keeping Well community dementia support organisation

- 6-monthly check-in call to see how you are and what you need
- Dementia information from a trained worker
- Invitations to Memory Cafes, dementia-friendly groups (eg music, exercise, craft, gardening, culturally-specific etc)
- Opportunities to join Dementia Carer groups

**For 65s and over with dementia**

- A dementia-friendly place to spend the whole day on a regular basis
- Interesting and tailored activities to suit you
- A break for your carer

Do you have an existing open care package or plan with Sheffield City Council (SCC) social work teams?

No

Yes

[Age UK Sheffield](#)  
(0114) 250 2850

Dementia Daytime Opportunities

**Social Worker / SCC First Contact**  
(0114) 273 4908

Dementia Daytime Opportunities

**For unpaid carers**

- Carer information
- Peer support
- A listening ear

[Sheffield Carers Centre](#)  
(0114) 272 8362

**CARERS TRUST**  
Sheffield Carers Centre

- Carer advice line
- Carer Assessment
- Carer Card
- Newsletter
- Planning for an emergency