

Nurturing Healthy Futures: Supporting Nutrition in Early Childhood

Exclusively for Childminders and Home-Based Early Years Practitioners

An exciting opportunity to achieve a Public Health endorsed certificate of good practice

Why take part?



- ✓ Showcases your commitment to healthy eating and nutrition in the early years.
- ✓ Recognises the positive impact you make with children and their families
- ✓ Strengthens your reflective practice and supports continuous improvement
- ✓ Demonstrates your commitment to high quality provision in line with Ofsted and Department for Education expectations

To gain the certificate, attendance at both sessions is required

Session 1 - Understand local health priorities, support available to families, and the leadership role practitioners play in infant feeding and nutrition.



Session 2 – Explore food and healthy eating in the early years, local and national agendas, initiatives, and support.



Dates:

Session 1 – **Saturday 3rd October 2026 9:30am – 12:30pm**

Venue: TBC

Session 2 – **Saturday 7th November 2026 9:30am – 12:30pm**

Venue: TBC

To find out more or to book a place please email:

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